

Trash Tracking

Step 1: Collect food waste separately

Step 2: Weight food waste

Step 3: Trash it (better yet, compost it!)

Step 4: Log it. One day in each circle (in pounds or ounces)

Step 5: Calculate it

Calculation Tips: If you log each day by the ounces, at the end of the month divide that number by 16. This is the number of pounds you have thrown away. Take that number times \$1.43 for a dollar value to your food waste.

